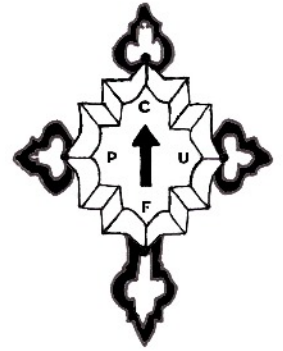




# The Council Compass

Msgr. Henry O'Carroll Council #444

Knights of Columbus



Editor: Paul Desroches

1899 - *Over 120 Years* - 2020

February 2020

## Officers

Chaplain: Fr. William Damroth  
845-561-1317

Associate Chaplain: Fr. Fernando Hernandez  
845-561-0885

Associate Chaplain: Fr. John Vondras  
914-805-5698

Grand Knight: Charles Smith (Patricia)  
845-926-2096

DGK: Ray Lopez (Gloria)  
845-561-2003

Chancellor: Domingo Ampil  
914-850-0181

Warden: Paul Desroches (Joanna)  
845-564-3642

Treasurer: I.Scott Watkins, PGK, (Bea)  
845-564-0339

Financial Sec. William Kuntz  
201-697-9920

Recorder: Ted Coughlin (Julia)  
845-913-5631

Inside Guard Frank Gerbes (Mary)  
845-527-7659

Outside Guard: Curt Bourdage (Pam)  
845-863-6504

Advocate: Jude Martini, (Carolyn)

Trustees: Rich Irons (PGK) (Mary)  
845-565-5045  
Kennan Ryan (PGK) (Annie)  
845-565-8015  
Joe Coyle (PGK)  
845-561-7384

Lecturer: Curt Moran (Pat)  
845-564-3239

District Deputy: John McGivney  
845-453-2805

Insurance Agt: Matthew Lynch FICF  
845-541-9447

Faithful : Rich Irons (PGK) (Mary)  
Navigator 845-565-5045

Editor: Paul Desroches, (Joanna)  
845-564-3642  
Pauldesro@aol.com

## When does Lent begin?

Traditionally, Lent begins on [Ash Wednesday](#) and ends at sundown on Holy Thursday. Since this is more than forty days, some contend that Sundays are not counted in Lent. Instead, they argue, Holy Thursday, [Good Friday](#), and Holy Saturday are counted instead. Others say that Lent begins on the first Sunday after Ash Wednesday. No one is exactly sure how Ash Wednesday became the first day of Lent.

## Ash Wednesday

Ash Wednesday dates from at least the fourth century, although it is not possible to give an exact date. During that century, penitents looking for forgiveness and re-entry into the community would dress in sackcloth and sprinkle ashes to show their repentance. This custom certainly predates Christianity as can be seen by references in the Hebrew Scriptures (cf. Esther 4:2-3; Danie19:3; Jonah 3:6).

## Lenten Regulations

The Catholic Church, in an attempt to help Catholics do at least a minimum during Lent, asks all Catholics to [fast and abstain](#) from meat on certain days. Fasting means to limit food to one full meal a day with the possibility of two smaller meals (not adding up to a full meal) as needed. Abstinence means not eating meat, although fish is allowed. Catholics are required to observe all days of fasting and abstinence which is one of [the precepts of the Church](#).

Those 14 years of age or older are to abstain from meat on Ash Wednesday and all the Fridays of Lent. Catholics between the ages of 16 and 59 are also to fast on Ash Wednesday and Good Friday. They may eat one full meal on these days, and two small meals to maintain strength. The two small meals together must not equal the size of one full meal. If one's work or health make it inadvisable to fast or abstain from meat, they are not obligated to do so. This includes mental health: Fasting may be harmful for someone who struggles with an eating disorder. Such a person might do an alternate penance on the days of fasting. Pregnant and nursing women are exempt from the fast.

At one time, people gave up all animal products and during the whole Lenten season. The Eastern Catholic and Eastern Orthodox Churches still follow this rule. Since chickens continue to produce eggs and cow's milk, the custom developed to make the milk into cheese and color the eggs so that when Easter arrived, no food would be wasted.

## Lenten Penance

Many Catholics were taught as children to "give up something" for Lent. The sacrifices in Lent are really penance, in the same spirit as the Ninevites that repented at the preaching of Jonah. Throughout our history, Christians have found prayer, fasting, and almsgiving to be an important part of repentance and renewal. Many Catholics now add something during Lent rather than giving up something, either to address personal habits that need work or to add some outreach to others in need.

The Church does not specifically require that we do something beyond the requirements of fasting and abstinence. To do nothing, however, would certainly not be in keeping with the spirit of Lent. Furthermore, the sacrifices and extra things we do for Lent help us grow closer to Christ. We are missing out on so many graces if we do not participate fully in Lent. It is not necessary to be perfect, but we should put forth a good effort. A good practice is to do something extra in prayer, something involving fasting (whether limiting our intake of food or giving up something non food-related), and something involving almsgiving (giving money or goods to the needy or doing extra acts of charity).

## Grand Knight's Thoughts

Dear Fellow Brother Knights:

As I reflect on the past three months, I am amazed at how many activities our small Council completes. I am very proud of you all for everything you do for the Knights of Columbus and Council 444.

Once again many thanks to PGK Ken Ryan for continuing to chair our Council Family Game Nights! They have become so popular that there is standing room only! Ken's efforts to make these evenings so special are greatly appreciated. If you haven't tried it, come and find out what the fuss is all about. We'll be very happy to see you.

Thank you to our Brother Knights for helping to make our Christmas Tree lighting ceremony so special. Special thanks to Father Bill Damroth for taking time out of his busy schedule to celebrate our Mass.

Yet another event that has become very popular, especially with the local community, is the visit to Saint Lukes Hospital. This event has become a much anticipated happening and brings about the Christmas Spirit to even the Grinch himself! The Hospital staff as well as the children who find themselves requiring special care during this time of the year are elated to receive our special gifts! Many thanks to Bill Kuntz for spearheading this wonderful community event!

We also were able to pay our respects to our fellow Brothers who passed away over the past year. We had our Memorial Mass at Our Lady of the Lake and remembered Anthony Buccieri, Heriberty Chico, Andrew Zarutskie, John Matikiwicz, Henry Guiette, Thomas Amodeo, Deacon Jack Seymour and State Senator William Larkin. We had many of our Brothers in attendance as well as many of the bereaved family members.

On a happy note, my thanks to PGK John DeLessio and Jude Martini for organizing yet another Council 444 Christmas Party. We had another great turnout with Santa heading the list!! All the children left with a special gift from Santa!

At the end of December we had our Fifth Sunday Rosary at Sacred Heart Church. My thanks to Brother Ted Coughlin for his hard work in making this happen.

January marks the beginning of the basketball free throw competition. My thanks to Bill Kuntz for spearheading this Knights of Columbus wide event.

I want to spend some time letting everyone know what will be going on in the next three months and beyond.

First up on February 2, we will be having our 5<sup>th</sup> Annual Super Bowl Party, at O'Conner Hall, St. Francis of Assisi Church. There will be games for kids, football pools and 50/50 raffles. Only \$5 per person or bring a dish to share. BYOB. Call Bill Kuntz at 201-697-9920 to RSVP.

Next, another Bill Kuntz extravaganza is the Saint Valentine's Day Dance. This will be on February 8, 6 - 10PM, at the Temple Hill Tavern on Temple Hill Road, in New Windsor. Expect to see DJ Ming, with lots of dancing. There will be a cash bar. Entry is \$35 PP pre paid, or \$40 at the door. RSVP to Bill at 201-697-9920.

Our Clergy Brunch will take place on February 17, at Denny's Restaurant on Route 300. Please join us in thanking our Clergy for all they do for us during the year. Since they are our guests, we all chip in to pay for their meals as well as our own.

Our third Annual Fish Fry will be held at Sacred Heart School, Gallo Hall, from 5 to 8 PM every Friday during Lent, except for Good Friday. The dates are February 28, March 6, 13, 20, 27 and April 3. Price is \$10 per person with a combo going for \$15. All proceeds will go to our two parishes.

There will also be a Fifth Sunday Rosary on March 29. As of press time we were not able to finalize a time or Church. When we have the information, we will send out a reminder email. You can always contact Ted Coughlin at 845-913-5631, with any questions.

To finish the quarter we will have our Annual Communion Breakfast on March 29. Mass will be at St. Patrick's Church at 10:30 followed by a late breakfast at Temple Hill Tavern on Temple Hill Road. Our guest speaker will be Bishop Gerardo Colacicco. Price will be \$25 per person, Children 6 - 10 are \$10 and 5 and under are free. Pre paid reservations are required by March 22. Please contact PGK Joe Coyle at 845-561-7384 or Joe Dennis at 845-728-1214.

Please mark your calendars for the 4<sup>th</sup> Degree dinner meeting on June 9, at Vesuvio's Restaurante at 6:30. Also our 10<sup>th</sup> Annual Car Show on June 28, at Sears in Newburgh. More Information will follow in our May Compass.

I know that I gave credit to the Chairmen of the various committees that run all these events for the Council, but I would like to give a very special thank you to all the men and women who work in the shadows doing most of the work that makes all our events so successful. Unfortunately, I just don't have the space to name each and every one of you, but you and all of us know who you are and are very grateful for your continued dedication to our Council.

May God Bless you all!!!  
Vivat Jesus!

Charles Smith  
Grand Knight

## Lenten Terms and Their Meanings

### **Carnival**

Originally a celebration just before Lent. Carnival is Latin for "farewell to meat."

### **Laetare Sunday**

The fourth Sunday of Lent, which marks the halfway point, celebrated with rose vestments instead of the usual violet. Laetare means "to rejoice" in Latin, and the lighter vestments signify a brief celebration in expectation of Easter, even in the midst of Lent.

### **Maunder Thursday**

An ancient English name for Holy Thursday. It comes from the Latin, *Mandatum novum da nobis* ("I give you a new commandment," John 13:34) that began the ancient foot-washing ceremony.

### **Palm Sunday**

The celebration of Jesus' triumphant entry into Jerusalem before he was arrested. In Scripture, people placed palm branches on the road as Jesus rode on a donkey into Jerusalem. Catholics usually have a blessing of palms and then hold the palms as the priest enters the church.

### **Passion Sunday**

Passion Sunday is another name for Palm Sunday. This name is appropriate because at the Mass for this Sunday, the passion of the Lord (the story of Jesus' arrest and death) is traditionally read.

### **Spy Wednesday**

A name for the Wednesday of Holy Week that alludes to Judas agreeing with the Sanhedrin to betray Jesus.

### **Triduum**

The "Great Three Days" -the three-part celebration beginning with the Mass of the Lord's Supper on Holy Thursday, continuing with The Celebration of the Lord's Passion on Good Friday, and concluding with the Easter Vigil on Holy Saturday.

### **\*\*\*\*\*IMPORTANT NOTICE\*\*\*\*\***

**Brother Knights who wish to purchase 3<sup>rd</sup> Degree dress uniforms may do so at Alfie's Uniforms, 152 Windsor Highway, New Windsor, N.Y., Suite 100. Mention Knights of Columbus, Council 444. Contact I. Scott Watkins (PGK) at 845-564-0339 or GK Charles Smith at 845-926-2096.**

**THIS COPY OF THE COMPASS WAS MADE POSSIBLE BY A GENEROUS DONATION BY GRAND KNIGHT CHARLES SMITH.**

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### **SAVE THE DATES**

#### **10TH Annual Car Show**

At Sears, Newburgh.  
June 28 (rain dsate July 2)  
Contact: PGK Ken Ryan 845-565-8015

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#### **Fourth Degree Dinner Meeting**

June 9  
Vesuvios Restaurant  
6:30 P.M.  
Contact PGK Rich Irons  
845-565-5045

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#### **New Knights of Columbus Field Agent**

**We are pleased to announce that Matthew Lynch, FICF, has been assigned to us as our Field Agent. Matthew attended our Council meeting on January 8, and let us know that he is always available to meet with us individually and answer any questions we may have about our insurance. He also mentioned that there are many changes to new insurance products and he would be more than happy to stop by your home and explain. Give him a call at 845-541-9447.**

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**A Blessed and very happy birthday to the following council members who will be celebrating their birthdays in the months of Nov, Dec, and Jan.**

02/06 Michael Sayegh	02/08 Robert Spreer
02/09 Raymond Filipkowski	
02/09 Deacon Thomas Neppel	
02/10 Richard Sosa	0215 James Roscher
02/16 Francis Bedetti	02/22 John Obrien Sr.
03/01 Pilade Nardini	03/04 Curtis Moran
03/05 Jean Davis	03/06 Francis Cook
03/09 Mark Connell	03/16 William Kuntz Jr.
03/20 John Vanacore	03/21 Vincent Cincotta
03/21 Ralph Depew Jr.	03/21 Carl James Hamilton
03/25 Rev. Patrick Bonner	03/25 Deacon Peter Haight
03/26 Domingo Ampil	03/26 Brian Doyle
03/27 Peter Vondras	03/29 Thomas Curtis
04/02 An Pham	04/07 Alberto Laudato
04/09 Leonard McCue	04/13 Mark deCastro
04/17 Richard Irons	04/18 Samuel Colavito
04/18 Kennan Ryan	04/18 Charles Smith
04/19 Robert Markel	04/20 Kevin Butler
04/23 Gregory Raciti	04/25 Dominick Galage

# *Council Activities*

## 5<sup>th</sup> Annual Super Bowl Party

February 2, 2020  
4 P.M. Till it's over

St. Francis of Assisi Church  
O'Connor Hall

\$5.00 entry per person or bring a dish to share  
Games for kids, football pools and  
50/50 raffle  
BYOB

Call Bill Kuntz (201)697-9920 to RSVP

## Lenten Fish Fry

Sacred Heart School, Gallo Hall, entrance on  
Ann Street, Newburgh.

To be held from 5 P.M. To 8 P.M. On the  
following Fridays during Lent:

February 28, March 6, 13, 20, 27 and April 3.

\$10 per person - Combo platter \$15

Proceeds will go to both Saint Mother  
Theresa of Calcutta and St. Patrick's - St.  
Mary- Our Lady of the Lake parishes.

Contact, Bill Kuntz 201-697-9920

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## St. Valentine's Day Dance

Saturday, February 8, 2020  
6:00 - 10:00 P.M.

Temple Hill Tavern  
171 Temple Hill Road

Vails Gate, N.Y. 12553

\$35.00 PP/\$40 at the door

RSVP Bill Kuntz 201-697-9920

Featuring DJ Ming and a cash bar

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## Communion Breakfast

Sunday, March 29, 2020, 10:30 Mass

St. Patrick's Church, 55 Grand St.  
Newburgh, N.Y.

Guest Speaker is

Bishop Gerardo Colacicco

Late breakfast to follow at about 11:30

Temple Hill Tavern

171 Temple Hill Road

New Windsor, N.Y.

\$25 per person

Children 6 - 10 are \$10

5 and under are free

Pre paid reservations needed by March 22

Contact Joe Coyle PGK 845-561-7384

Joe Dennis 845-728-1214

## Calendar of Council Meetings

04 Feb: Regular Council meeting at 8 P.M.

11 Feb: Fourth Degree meeting at 8 P.M.

18 Feb: Social Meeting at 8 P.M.

25 Feb: Officers' meeting at 8 P.M.

03 Mar: Regular Council meeting at 8 P.M..

10 Mar: Fourth Degree meeting at 8 P.M.

17 Mar: Social meeting at 8 P.M.

24 Mar: Officers' Meeting at 8 P.M.

31 Mar: Corporation Meeting at 8 P.M.

07 Apr: Regular Council Meeting at 8 PM

14 Apr: Fourth Degree meeting at 8 P.M.

21 Apr: Social Dinner meeting at 7 P.M.

28 Apr: Officers' meeting at 8 P.M.

05 May: Regular Council meeting at 8 P.M.

12 May: Fourth Degree meeting at 8 P.M.

19 May: Social meeting at 8 P.M.

26 May: Officers' meeting at 8 P.M..

Note: The Rosary will be said before every regular  
and social meeting at 7:30 PM

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## Clergy Brunch

February 17, 2020, 10 A.M.

Denny's Restaurant, 1283 Route 300

Contact Greg Gaetano PGK 845-629-2722

(Please keep in mind that the clergy are our  
guests and as such we all chip in to pay their  
tab as well as our own.)

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## Fifth Sunday Rosary

Sunday, March 29

Contact Ted Coughlin, 845-913-5631